

# ART STOP

Journey Through the World  
of Art and Creativity!



## Welcome to Art Stop!

My name is Lisa Howes, I am a teacher and art enthusiast wanting to share my passion with you.

My vision is to inspire and provide both fun and educational creative experiences for people of all ages.

## SPLATZ!

A sensory and messy explosion of experiences for babies and toddlers. Come and explore



both wet and dry sensory materials with your little ones. From sand, coloured pasta, feathers and pompoms to paint, jelly and shaving foam, plus a good dose of sparkle, there is something to keep all those tiny fingers busy!



Babies-Wednesdays 10am to 11.15am £6

Toddlers-Wednesdays 1pm to 2.15pm £6

(This is a drop in session and runs term time only)

“Creativity is intelligence having fun.”  
Albert Einstein

# CREATIVE STARS 5-7



These classes will offer children a secure foundation in a variety of art principles and an introduction to the vocabulary used when talking about art. Children will use, explore and gain confidence in different media associated with

drawing, painting, collage, printing, textiles and 3D whilst studying the work of famous artists and art from different world cultures.



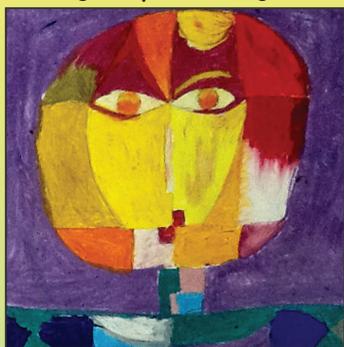
Saturday 1.30pm - 3.00pm      £14

**All classes will support the National Curriculum Art Standards!**

# ART EXPLORERS 8-12



Classes are aimed at refining a child's existing knowledge and skills in representing the visual elements through drawing, painting, collage, printing, textiles and 3D. Children will learn how to



talk about and decipher the language of art through critical studies, learn to form opinions and preferences and use these to inspire their own creations. Children will also be taught to assess, evaluate and reflect upon their own work with the aim of guiding their own personal developments.

Saturday 3.30pm - 5.00pm      £14

**“Art has the role in education of helping children become like themselves instead of more like everyone else.”**

**Sydney Gurewitz Clemens**



# ARTISTS ON HOLIDAYS 5-11

School  
holidays

Educational and fun quick makes that can be achieved in a single workshop. Children will learn about famous artists, different art movements and art from world cultures. All children leave with their own masterpiece plus a handout about the workshop with an activity to do at home. A guaranteed boredom buster!



Age 8-11 mornings £14  
Age 5-7 afternoons £12

## MINDFUL MAKERS ADULTS



Our lives are busy and stressful with little time to reflect and just 'be'. The act of being creative induces a mindfulness that therapists agree can help express hidden emotions, reduce stress and anxiety and offer a space for relaxation. These classes aim to support and inspire adults who love being creative or just want to try something new, learn new skills or make new friends in a relaxed and non threatening environment.



Thursdays 7pm - 8.30pm £14

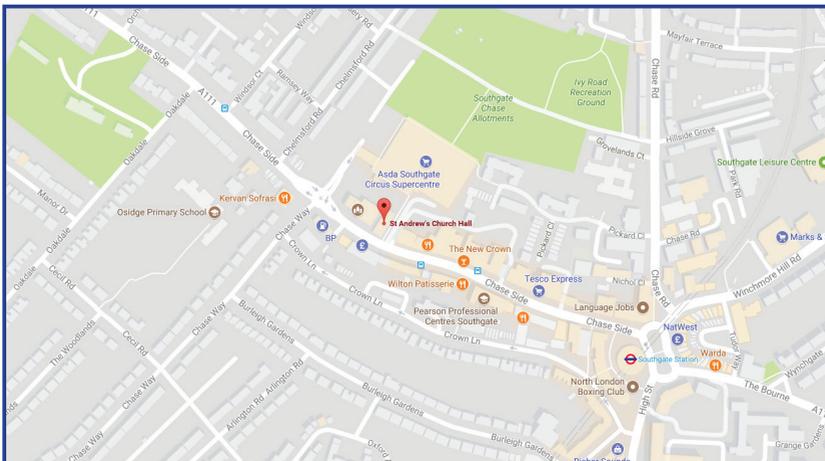


“Art washes from the soul the dust of everyday life”  
Pablo Picasso

Workshops will take place at:  
St. Andrew's Church,  
Chase Side,  
Southgate, N14 5PP.



How to find us:



If you would like to attend or require any further information, please contact Lisa on:  
**07968 102603** or email: [artstop.ed@gmail.com](mailto:artstop.ed@gmail.com)

 **Lisa Howes**